

WELCOME TO THE MOUNT Macedon PRIMARY SCHOOL NEWSLETTER

Issue 2 Thursday 3RD February 2026

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FOS Events

Holi Festival Colour Run
Wednesday March 4th

Meetings

Wednesday 11th Feb

Wednesday 11th March

Wednesday 6th May

Important Term Dates

Term 1

February

NO PREPS ON WEDNESDAYS

9th Meet the Teacher Interviews

10th Meet the Teacher Interviews

School Council Meeting @ 7pm

13TH House Swimming Carnival

24th District Swimming (selected students)

March

3rd District Girls Futsal (selected students)

4th District Boys Futsal (selected students)

9th LABOUR DAY PUBLIC HOLIDAY

10th School Council Meeting @ 7pm

13th House Athletics

17th Parents 'Resilience Project' Session

18th Brainstorm Productions Incursion

23rd House Cross Country

24th Macedon Bike Ride

26th Yr 6 Young Leaders Conference

30th SCHOOL PHOTOS

April

1st Williamstown Bike Ride

2nd LAST DAY OF TERM – FISHISH @ 2.30

Hello everyone,

What a disrupted week it has been, I am so grateful for the patience and understanding shown by our school community these past few days.

Relocation Days: For the first time since introducing a school relocation plan into our emergency Management we had two relocation days in a row. As you can imagine these days can be very disruptive for students and parents as well as our staff. I just wanted to thank everyone for responding to our relocation messages promptly. Looking forward I hope we do not have any further relocation days, but I will communicate to you all as soon as I can if it is looking likely.

Meet the Teacher Meetings: We will be running our Meet the Teacher meetings next Monday and Tuesday night. These are a great opportunity to meet your child's teacher/s for 2026. These ten-minute meetings aren't designed for data sharing or reporting on student achievement but rather a chance to share insights and helpful information with your child's teacher. **These meetings can be booked via Compass, through the 'conferences' portal on your app or webpage.**

Grade 6 Car Wash: It was so amazing to see our grade 6s run a car wash yesterday to raise funds for their grade 6 jackets and other activities and excursions planned for the year. Thank you to everyone who came and had their car washed! **Over \$250 was raised!**

Welcome BBQ: We are holding our annual Welcome Back BBQ tonight here at school. From 5:00PM there will be a free sausage sizzle put on by Friends of the School (FOS). We encourage you to BYO drinks and nibbles and catch up with new and old families after our long summer break. Everyone is invited! It is also a great opportunity to learn about our Parent Association FOS and to explore ways in which you can join and share your expertise and time helping the school community!

Student Leadership: At our Friday Assembly last week, we announced our Grade 6 Leadership positions. Each of our Grade 6 students receives a leadership role and is given the support to make it their own. Seeing their creativity and enthusiasm for leadership is one of the most exciting parts of working with young people and I cannot wait to see our 2026 Grade 6s take on that challenge! Our Grade 6 leaders are listed below!

Swimming Carnival: Next Friday the 13th of February is our Swimming Carnival! Information about the event can be found on Compass through the 'events' portal. It is a fun day where we all travel down to the Woodend pool and participate in fun pool challenges (F-2) and various strokes in the larger pool (3-6). All are invited to come and watch and volunteer if you are available. Please make sure you have provided payment and permission via Compass for your child/ren before the event.

I hope everyone is settling back into the swing of term, it has been so lovely seeing you all again after our summer break!

Joe.



Thrive Wellbeing & Counselling Services
EMILY GASCOYNE- SOCIAL WORKER

- 0448 706 133
- admin@thrivecounsellingservices.com.au
- <https://www.thrivecounsellingservices.com.au>
- Gisborne, Macedon Ranges & Online Australia Wide

This year, Mindful Girls will be offered as three Saturday afternoon sessions rather than after school groups. These sessions are designed to reduce weekday pressure and support girls to arrive feeling calm and ready to engage.

The Saturday Sessions are a small, nurturing group program for girls aged 8–12, supporting emotional wellbeing, resilience and self esteem. Each 75 minute session focuses on building emotional awareness, confidence, calming and regulation skills as well as positive peer connection.

Term 1 session dates:

- Saturday 14 February 2pm
- Saturday 28 February 2pm
- Saturday 14 March 2pm

The program is facilitated by Emily Gascoyne, Social Worker and founder of Thrive Wellbeing & Counselling Services and is held in Gisborne

Mental Health & Wellbeing – Term 1

As we begin the year, students across the school are being introduced to our Mental Health and Wellbeing program, and our The Resilience Project (TRP) program. Each class will participate in a weekly wellbeing lesson, delivered by their classroom teacher, helping to build strong relationships, trust and a shared language around wellbeing.

Wellbeing Lessons

Our wellbeing lessons follow The Resilience Project’s GEM model, which supports positive mental health through:

- Gratitude – noticing and appreciating the positives in our lives
• Empathy – understanding and respecting the feelings of others
• Mindfulness – building awareness and calm in the present moment
• Emotional Literacy – identifying, understanding and expressing emotions

These lessons help students develop lifelong skills to support emotional regulation, resilience, relationships and help-seeking.

For more information about the TRP program see the FAQ poster and video below.

https://vimeo.com/1124702592/bf8fa700fd?ts=15000&share=copy

Whole-school community groups

Once or twice each term, we will also come together as a whole school in mixed-age community groups. These sessions allow students to connect across year levels, work collaboratively, and deepen their learning around key themes with teacher support.

This term, our community group focus will include:

- Clean Up Australia Day – exploring care for our environment and community responsibility
• Harmony Day – celebrating diversity, inclusion and belonging

Supporting families

As part of my role as Mental Health and Wellbeing Leader (MHWL), supporting families is an important priority. If you have any concerns about your child’s wellbeing, or would like to discuss referral pathways for external support services, please don’t hesitate to get in touch.

Before School Programs

We currently offer 2 before school opt in programs.

Mondays and Wednesdays we have Sarah from Shanti Studio running Yoga sessions.

Tuesdays and Thursdays we have Troy and Andrew from Limitless Mixed Martial Arts running JiuJitsu training sessions. For more information about enrolling your children in these sessions please reach out to Sarah or Troy directly.

Three FAQ posters for The Resilience Project, each with a title like 'Why did this happen?' and 'How do I know if my child is struggling?'.



\$10 A WASH

EFTPOS OR CASH

YEAR 6 CAR WASH

BEFORE & AFTER SCHOOL

THURSDAY FEBRUARY 5TH

**8:30 - 9.15
OR
2:30 - 3:45**

AT THE STEM CARPARK

A cartoon illustration of a red car with a smiling face, being washed by a blue hand holding a yellow shower head. Another blue hand is holding a yellow brush. The car is surrounded by blue water splashes.

REGISTER TO JOIN THE MMPS RUN THE ROCK TEAM!

1. To share the team info to families and students:
 - a. Provide them with this code:
JOINMOUNTMACEDONPRIMARYSCHOOL
 - b. When they are registering, they should select the "Yes, add to another existing team", and input the above code to join the team and select the options in the screenshot attached.
2. To receive the 10% discount off their entry:
 - a. At checkout, they will need to input this code: MOUNTMACEDONPS



The poster features the 'Run the Rock Hanging Rock' logo at the top, which consists of a stylized wave graphic in orange, yellow, and blue. Below the logo, the text 'REGISTER YOUR SCHOOL TEAM NOW!' is written in large, bold, white capital letters. A bulleted list of benefits is provided: '10% OFF your entry', '5x FREE entries to next year's event', and 'Be entered into the prize draw to WIN*'. A small note below the list states '*Team must have more than 15 people.' The background of the poster shows a group of diverse school children of various ages, some holding a large green sign that says 'LET'S RUN THE ROCK'. In the bottom right corner, there is a QR code with an arrow pointing to it and the text 'SCAN FOR MORE INFO'. At the very bottom, the event details are listed: 'SATURDAY, 21 MARCH 2026' and 'HANGING ROCK, MACEDON RANGES'.

Every Day Counts

The importance of regular school attendance.

At **MMPS**, we prioritise regular school attendance. We will work with families to ensure students are in class with their peers and teachers and enjoying all the benefits that brings.

Attending school every day means experiencing what counts – the learning, friendship, fun and opportunities that can shape your child's future.

We understand that there are times when your child will need to miss school but to ensure minimal disruption to their education, please consider scheduling family holidays or medical/dental appointments outside of school time. If your child is well enough to attend but is worried about friendships, schoolwork or exams, please encourage them to come to school. Avoiding school can make these feelings worse and can create a negative pattern of behaviour.

If your child is having difficulty attending school, talk to their teacher, myself or Brooke about getting support.

We know that parents and carers can be juggling challenges daily to get your children to school. If your child must miss school, notify us as soon as possible via [**school notification arrangements to be added**] so we can work together to support them.

For more information about the importance of everyday attendance, see [Attendance and Missing School](#).

Remember, **Every Day Counts**.

From

Joe Flynn

Principal

2026 STUDENT LEADERS

SCHOOL CAPTAINS	EDWARD & MATILDA
JSC	HUNTER & ABBY
BUDDY LEADERS	ASHTON & TOM
PHOTOGRAPHER	CATO
REPORTER	YASH
LIBRARY	VALENTINA & BAY
WELLBEING/ART	JAX & SADIE
GROUNDSKEEPER	FINN, HENRY & JACK
HOUSE CAPTAINS	LIAM, VIKA, CALLAN, BILLY & WILLIAM
ICT	RAFFY

TERM ONE 2026 AUSSIE HOOPS

BEGINNERS 5 - 11 YEARS OLD

REGISTRATION NOW OPEN

8 WEEKS - 45 MINS SESSIONS INTRODUCTION TO BASKETBALL

SESSIONS

GISBORNE - MRSP
 WEDNESDAY - 4:30PM - 5:15PM
 WEDNESDAY - 5:15PM - 6:00PM
 - ALL GIRLS SESSION -
 SATURDAY - 9:30AM - 9:15AM

WOODEND - BUFFALO
 FRIDAY - 4:45PM - 5:30PM
 SATURDAY - 8:30AM - 8:15AM
 SATURDAY - 9:15AM - 10:00AM
 - ALL GIRLS SESSION -

FOR MORE INFORMATION - AUSSIEHOOPS@MRBA.ORG.AU

JOIN THE RANGERS

BASED IN COBLENZ

MINIROOS JUNIORS SENIORS

SCAN THE QR CODE OR VISIT THE WEBSITE TO REGISTER

#HEARTOFTHERANGERS

Guitar Lessons

Weekly 1/2 hour group lessons (3-5 students)

- \$210 per term
- During school hours
- For students in Grade 2 - 6

Enrolling NOW

Questions/Queries Contact: Aaron Moor
 P: 0436 177 754
 E: aaronmoor@infinitesound.com.au
 www.infinitesound.com.au

We recommend that beginners use a 1/2 size nylon string guitar for home practice.

KIDS AFTER SCHOOL CLASSES

ART CLUB
 Wednesdays 3:45pm - 4pm

CREATIVE YOGA
 Wednesdays 4pm - 4:45pm

For More Information Visit www.woodendshs.vic.edu.au

Awaken your sense of Adventure!

Twilight Orienteering

- 4 FEB BULLENGAROOK RECREATION RESERVE
- 11 FEB MALMSBURY SPORTING RESERVE
- 18 FEB WYNETON COMMUNITY GARDENS
- 25 FEB GISBORNE AITKEN RESERVE

Registration from 6pm Courses close 6pm.
 \$5 per participant, includes electronic timing chip hire
 Suitable for all fitness levels, families and groups welcome
 Visit www.centralhighlands.weebly.com for more details

WHOLE TOWN GARAGE SALE

Had a clear out? Love a bargain? This event is for you!

Saturday 7 February 2026

Maps on sale from 8am

Sellers: registrations close **Wednesday 4th February 2026**
 Register via the WTNH website or by calling 5427 1845. Get on the map for \$10

Shoppers: buy a map for \$5 and shop 'til you drop!
 Maps on sale from 8am at Woodend Neighbourhood House, 47 Forest Street, Woodend

Summer's Soulful Sunday - yoga for mermaids

WHAT'S it about think water - connecting to breath, moving with fabulously fun aqua, then floating into supported relaxation

WHEN Sunday 22nd Feb 2026 9:30-11am

WHERE Splash Buddies, 13a Pioneer Way New Gisborne Business Park

INVESTMENT \$64/mermaid - you get a delightfully refreshing treat from...

TO BOOK AQUA AEROBIC shanti

Victoria Police

Macedon Ranges PSA Neighbourhood Policing Forum

The Victoria Police Neighbourhood Policing Forum welcomes local services and community members to talk with police about what issues are important in your community.

The forum will explore topics including:

- Current crime trends and crime prevention
- Family violence
- Young people
- Road pricing
- Drugs and drug related crime

Registration is a must. Please scan the QR code or visit <https://register.com/vic/police>

A Microsoft TEAMS link will be made available via email to all registered attendees on the day of the event.

Online event details
 Date: Thursday 19th February 2026
 Time: 6pm - 8pm

Scan here to register your attendance

A SAFE VICTORIA

CFA Fire Safety Planning Workshop

Mt Macedon Fire Station
 Sunday 15th of February 2026
 10am-2pm

Limited spaces available - reserve your spot today!

This FREE 4 hour workshop will:

- provide you with the opportunity to expand your understanding of your fire risk, both geographically and personally,
- provide you with the information you need to take action to develop your individual fire plans,
- assist you to make realistic and adaptable fire plans, which consider your own personal capacity and capability,
- encourage you to undertake ongoing preparedness and planning activities,
- help you to create, and enact your fire plans

This session is 4 hours long, with breaks throughout and refreshments provided to attendees, and all resources provided.

It is facilitated by trained CFA presenters.

595 Mount Macedon Road, Mount Macedon, VIC, Australia, 3441

For more information or to reserve your spot, contact NWR Community Safety on nwr-comm@cfa.vic.gov.au or 0459 416 941

Join Scouts

Ready to try something new? Macedon Woodend Scout Group is looking for young people to join their group!

Every week, nearly 100 families and young people dive into exciting adventures, make lifelong friendships, and discover the joys of outdoors in a 3500 acre park!

Try Scouts today and enjoy 3 weeks FREE to see why the fun never stops. Whether it's camping, hiking, or tackling STEM challenges, there's always something thrilling happening.

Don't miss out, it's only your adventure today!

For more information or to join email, g.macedonwoodend@scoutsvictoria.com.au

Woodend Eagles - 2026 EOI

Fly with the Eagles

2026 something exciting is coming!

Effort Attitude Teamwork

Follow the QR Code to express your interest head to: woodendsoccer.com.au/2026-eoi

The Mount Players presents THE CEMETERY CLUB

A Comedy

Written By Ivan Mitchell
 Directed By George Rizzo

20th Feb - 8th March 2026
 Mountview Theatre, 51 Smith St, Macedon

BOOKINGS: themountplayers.com.au or call 0419 329 1952

The Cemetery Club by Ivan Mitchell - A Comedy

Synopsis - 3 New York widows meet once a month for tea before visiting their husbands' graves. Ida is somewhat angry and ready to begin a new life. Lucille is a busy, a bit of a mess and the girl who wants to have fun, and Doris is frigid and judgmental, neither of whom have the narrowest of views about the other women. A story filled with suspense, humour and pathos about love, navigating grief and the challenges of moving on. The season runs from 20th Feb - 8th March.

Evening performances 8:00pm. Matinee 2:00pm

Bookings via www.themountplayers.com.au or call 0419 329 1952 for assistance

AT SCHOOL PROGRAM

4 - 7 YEAR OLDS

REGISTER HERE

8 - 12 YEAR OLDS

REGISTER HERE

MT MACEDON/MACEDON PS AUSKICK & SUPERKICK PROGRAM

@ Macedon PS School Oval

WEDNESDAYS 3:45 - 4:45 AFTER SCHOOL
 STARTS 25TH FEBRUARY

Pink Stumps Day.

Now for all cancers.

Macedon Cricket Club High Tea

Date: Saturday, 14 February
 Time: 2:00 PM - 6:00 PM
 Location: Tony Clarke Reserve, Macedon

Join us for a Pink Stumps Day High Tea to raise awareness and funds for the McGrath Foundation, ensuring no one goes through cancer without the care of a McGrath Cancer Care Nurse.

Enjoy tea, delicious food, live music, and community spirit in a beautiful pink setting.

Guest Speakers
 Dr Bronwyn Edmonds - Accredited Skin Cancer Doctor, SandP Woodend
 Sarah Phagan - Matching the Beauty Within, Intra Health Specialists
 In-House Radiology - National Lung Cancer Screening Program
 McGrath Cancer Care Nurse

On the Field
 Men's First 20: Day Two vs Sunbury United - Saturday, 14 February (Tony Clarke Reserve)
 Women's Team vs Gisborne - Sunday, 15 February, 10:00 AM (Gardiner Reserve)

Tickets
 \$50pp Adult | \$30pp U16
 Scan QR code to purchase

Proddly supported by:
 Skin GP
 In-Home Radiology

McGrath Foundation Community Friend

#PinkStumpsDay

Wominjeka - Welcome

WURUNDJERI WOI WURRUNG CULTURAL HERITAGE ABORIGINAL CORPORATION

26th January – Australia Day

17th February – Lunar New Year (Chinese & Vietnamese)

2nd March – Holi Festival

16-22nd March – Neurodiversity Celebration Week

20th March – Bullying No Way!

21st March – Harmony Week

25th April – ANZAC Day

17th May – IDAHOBIT

MAY – Australians Biggest Morning Tea

12-17th May – Mental Health Awareness Week

11-15th August – Bullying No Way, National Week of Action

28th August – Wear it purple day

August – Daffodil Day

10th September – World Suicide Prevention Day

10th September – R U OK? Day

10th September – World Suicide Prevention Day

3rd December – International Day of People with a Disability



Key Aboriginal & Torres Strait Islander Dates

March – National Close the Gap Day

26th May – National Sorry Day

27th May – 3rd June – Reconciliation Week

June – Mabo Day

July – NAIDOC Week

August – National Aboriginal & Torres Strait Islander Children's Day

August – International Day of the World's Indigenous Peoples

September (First Wednesday) – Indigenous Literacy Day



Acknowledgement of Country

written by 2024 student leaders Lenny, Ava, Cienna & Henry

Wominjeka, Welcome.

At Mount Macedon Primary School, we would like to acknowledge the Wurundjeri people of the Kulin Nation, the traditional custodians of the land, where our school stands. The Wurundjeri people believe Bunjil the eagle, created the people, the animals, the land and the waterways. We are grateful that they cared for this land, and we commit to continuing its care and to learn and grow here with our kir-rip, friends. We pay our respect to Elders, past and present, and acknowledge their ongoing connection to biik, Country.

Nagujin, thank you.

KNOW
YOUR
COUNTRY
KNOWYOURCOUNTRY.COM.AU

CLOSING THE KNOWLEDGE GAP
ABOUT FIRST NATIONS HISTORY AND
CULTURE STARTS AT SCHOOL

