

# WELCOME TO THE MOUNT MACEDON PRIMARY SCHOOL NEWSLETTER

Issue 37 Tuesday 9<sup>th</sup> December 2025

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## Important Term Dates

### **Term 4**

#### **December**

12<sup>th</sup> Kids Rule The School

15<sup>th</sup> Year 6 Graduation

17<sup>th</sup> Picnic at Hanging Rock

Macedon & Mt Macedon Carols by Candlelight

18<sup>th</sup> End of Year Assembly & Morning Tea

**19<sup>th</sup> LAST DAY OF TERM finish @ 1.30**

## FOS Events

2026 Welcome BBQ

Friday 6<sup>th</sup> February @ 4pm

# Principal's Report

Hello everyone,

What a huge day!

**2026 Classes and Transition Day:** This morning our students participated in our whole-school transition session, spending time with their classes for 2026. This included finding out who their teacher for next year is and which physical classroom they will be in. All of this can sometimes be a little overwhelming and change this big can unsettle some students.

For some classes this may be the first time they have had to be split across multiple grades. At MMPS we are used to having composite classrooms and our teachers are very experienced in working with multiple years in a single classroom. We work very hard to make sure that every single student is engaging with work that is suitable for their individual level. Please do not hesitate to come and see me if you have any further questions about this.

Work on classes for next year began way back at the beginning of term and all staff have spent time considering the structures, sizes, make-up and teaching staff associated with all classes. This is an important and long process. One of the most important things we do is pair students with at least one of their chosen friendship list. As MMPS is a small school we also take into consideration elements such as sibling placements and such.

For 2026, our classroom structure and classroom teaching list is as follows:

**Foundation/Grade 1:** Amy Barclay & Rowena Glenister

**Grade 1/2:** Geni Krajewski

**Grade 2/3:** Jessica Probert

**Grade 4/5:** Laura Wenczel & Kelly Bloomfield

**Grade 5/6:** Ben Sonogan

Our Specialist program for 2026 is as follows:

**Art:** Rowena Glenister

**Japanese & Music/Performing Arts:** Sharyn Morrice

**Digital Technology:** Daniel Garcia

**P.E.:** Jessica Stone

**STEM:** Joe Flynn

**Christmas Carols:** Next Wednesday (17<sup>th</sup> of December) the annual Macedon & Mount Macedon Christmas Carols are being held at Tony Clarke Reserve. This is one of the most magical nights of the year! The evening starts from 5:30PM with signing, dancing and a special visit from the man in red! In all of the excitement, we are reminding families to make sure that children are staying on the oval and not heading off into the trees/creek area that is adjacent to Tony Clarke Reserve, we are also asking parents to make sure that children remain a safe distance from Santa and his Sleigh (fire truck) as it enters the area.

**Hand Me Down Lane is calling for donations:** We are asking families to have a look through their collection of school uniform items and see if there is anything you could donate to our Hand-Me-Down-Lane! For our departing families, any spare clothing will be enormously helpful and for returning families you may find that some items of uniform have shrunk(!) and could be helpful for other families. All donations are greatly appreciated!

# Principal's Report

**Final Week of School!** Next week is going to be huge! An outline of the week is below but all information will be located on Compass.

Monday 15th:

- Grade 6 Graduation

Tuesday 16th:

- MMPS's Got Talent

Wednesday 17th:

- Picnic at Hanging Rock Excursion (During School)
- Macedon & Mount Macedon Community Christmas Carols (From 5:30PM at Tony Clarke Reserve)

Thursday 18th:

- Final Assembly (9:00AM in our school hall)
- Parent helper morning tea (Follows assembly in our school library)

Friday 19th:

- Last day of school (1:30PM Finish).

We go out with a bang here at MMPS so please call out if you have any questions about the goings on in the next few weeks! It is a busy end of the year so rest up where you can and look after yourselves.

Thanks, Joe.



**SCHOOL'S  
OUT!**

SchoolsOUT! Before-care EOI link:

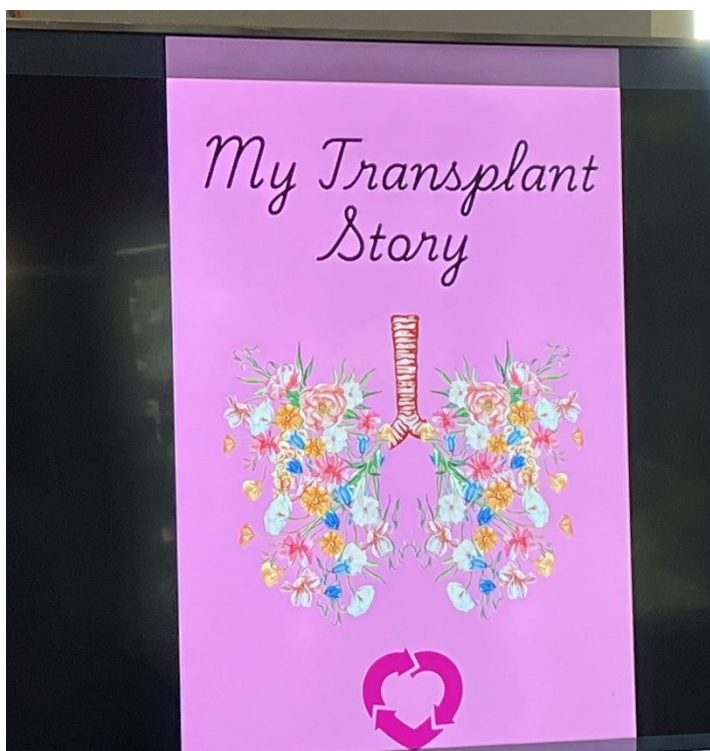
<https://www.surveymonkey.com/r/LZXH6F2>



## International Day of People with Disability

International Day of People with Disability is a United Nations-observed day held on 3 December each year. It aims to increase public awareness, understanding and acceptance of people with disability. This year's theme is 'Fostering disability inclusive societies for advancing social progress'.

Last week we recognised this day by watching a clip from the Dylan Alcott foundation explaining 'Abilities Day' and we were very lucky to have Miss Stone be able to share her sister's story with grades 3 to 6. She spoke about Claire having Cystic Fibrosis, diabetes and being the recipient of a lifesaving double lung transplant. Students learnt about what challenges she and others with a disability face daily, what invisible disabilities are, and how we can make our school and community a more inclusive place for everyone.



## 2026 Mental Health & Wellbeing Program

We are planning our 2026 Mental Health and Wellbeing program and would love your input to help us maximise parent and community engagement through what educational / information sessions to facilitate. To make these opportunities as useful and accessible as possible, we are asking families for feedback on their preferences.

We also want to ensure we are offering topics that reflect what our families are most interested in. We work closely with local health and wellbeing organisations, council, and external providers, and we want your voice to guide what we offer.

Please take a moment to complete this short survey—your feedback directly shapes our planning for next year. Thank you!


[CLICK TO COMPLETE PARENT FEEDBACK FORM](#)

## YOGA & JIUJITSU 2026

We are excited that Sarah from Shanti Studio and Troy & Andrew from Limitless Mixed Martial Arts will be offering their before school programs again in 2026.

Yoga runs on Monday and Wednesday from 8.30am and JiuJitsu on Tuesday and Thursdays. If your child is interested in enrolling in either of these programs please reach out to Sarah or Troy directly.

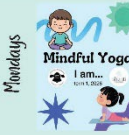
Attached are information on next years offerings.



# shanti

## STUDIO

@mountmacedonprimaryschool



**Monday**  
**Mindful Yoga**  
I am...  
strong, calm, kind, loving, peaceful, creative, helpful... I am ME!


Embrace Monday mornings with a mindful yoga practice. Flowing between movement + breath work, before embracing a mindful moment. This flow invites connection to I am... peaceful, calm, kind, loving, strong, creative, helpful... I am ME!

**When** Mondays from 2<sup>nd</sup> Feb - 30<sup>th</sup> March (excluding Mon 9<sup>th</sup> March - Labour Day) 8:30am - school music

**Where** Mt Macedon PS Hall

**Investment** \$10000/child for the 8-week term  
\$12.5/child/practice

**For enquiries** Sarah 0438 694 920  
shantisstudiowoodend@gmail.com



**Wednesday**  
**Energising Yoga**  
ready, set, go...  
+ set for the day ahead.

Embrace Wednesday mornings with an energising yoga practice. Flowing between movement + breath work, before embracing a little meditation. This flow invites awareness to being ready + set for the day ahead. Feeling into what the mind or body need to connect with, before heading into class. Is it focus, strength, confidence or maybe a little calm?

**When** Wednesdays from 28<sup>th</sup> Jan - 1<sup>st</sup> April 8:30am - school music

**Where** Mt Macedon PS Hall

**Investment** \$12500/child for the 10-week term  
\$12.5/child/practice

**For enquiries** Sarah 0438 694 920  
shantisstudiowoodend@gmail.com

to enrol

<https://shanti-studio.square.site>



# KIDS JIU JITSU PROGRAM

Jiu Jitsu is recognised as a Tier Two Classified Intervention Program; a fantastic opportunity for students to embrace a new skill while fostering physical and mental well-being. A perfect school extra curricular activity for those requiring an additional outlet to burn energy and build resilience in a supportive and familiar environment that assists with building positive school attendance numbers.

The program encourages independent thinking in a group environment to improve social skills, problem solving abilities and to build emotional understanding. It is an outlet for students to connect with a Mentor, build self awareness and self regulation and has seen school refusal decline and classroom engagement improve.

The sessions are structured, yet enjoyable and provide a setting to build on discipline, fitness and self-defence. They involve a warm up section to get the bodies ready, lesson breakdown and technique focus, technique drilling and some live matches.

Two sessions run before school and on school campus as a 30 minute session (8:30am-9am) on Tuesdays and Thursdays. For more information on the program and to enrol for 2026, please contact Limitless MMA

### MEET YOUR COACH TROY



Troy is Head Coach at Limitless MMA in Sunbury. He is a 3rd Degree Black Belt and has been training and coaching Jiu Jitsu since 2002. Troy enjoys competing Locally, Nationally and Internationally. Troy has been successfully coaching this program within schools since 2021 and has received a lot of positive feedback from Teachers and Parents on how the program has supplemented many students interest and how it has helped students shift their attitude toward school and personal growth and motivation to try harder

### MEET YOUR COACH ANDREW



Andrew is a Support Coach and member at Limitless MMA and has been training since 2019. Andrew is currently a Blue Belt and competes regularly in both Jiu Jitsu and MMA. Andrew assists with our in house kids Jiu Jitsu program and also runs many school programs in the Macedon Ranges/Sunbury area. He enjoys seeing the changes and developments among the students and supporting them with their needs

Register your interest for 2026 by calling us on 9740 3425, or email [info@limitlessmma.com.au](mailto:info@limitlessmma.com.au)

## **Mental Health Supports for Students Over School Holidays**

As we approach the summer school holidays, it's important to ensure students and families know where to access mental health support when school is not in session.

### **24/7 Crisis Support Services:**

- **Kids Helpline:** 1800 55 1800 - Free, private and confidential 24/7 phone and online counselling service for young people aged 5-25
- **Lifeline:** 13 11 14 - 24/7 crisis support and suicide prevention services
- **Beyond Blue:** 1300 22 4636 - 24/7 support for anxiety, depression and suicide prevention
- **Suicide Call Back Service:** 1300 659 467 - 24/7 telephone and online counselling
- **13YARN:** 13 92 76 - 24/7 crisis support line for Aboriginal and Torres Strait Islander peoples
- **MensLine Australia:** 1300 78 99 78 - 24/7 telephone and online support for men
- **QLife:** 1800 184 527 - Anonymous and free LGBTI peer support and referral (3pm-midnight daily)

### **Online and Chat Support:**

- **ehedspace:** Online and telephone support for young people 12-25 years (9am-1am, 7 days)
- **ReachOut:** Online mental health resources and peer support forums for young people
- **headspace:** Find your nearest headspace centre for in-person support
- **Youthbeyondblue:** Online mental health support specifically for young people

### **Family Support:**

- **Parentline:** 13 22 89 - Telephone counselling and support for parents and carers (8am-midnight, 7 days)
- **Relationships Australia:** 1300 364 277 - Support for families and relationships



## Spirit Day

On the 4th of December we had spirit day, spirit day is when we celebrate school spirit and the spirit of gi. Our dress up theme was twin day which is where you dress up like 2 or more people.



## Kids rule the school day

This Friday we have Kids rule the school day. Kids rule the school day where all the grade 6s get assigned a class and they teach that class for a few hours of the day. Kids rule the school day is super fun and an amazing tradition.

## Transition day

On the 9th of December it is statewide transition day from 9-11 am. This transition day is for all the kinder kids going into prep next year.

**The last  
Mindfulness Group  
is coming up...**

Please come to support me !

Certificates!

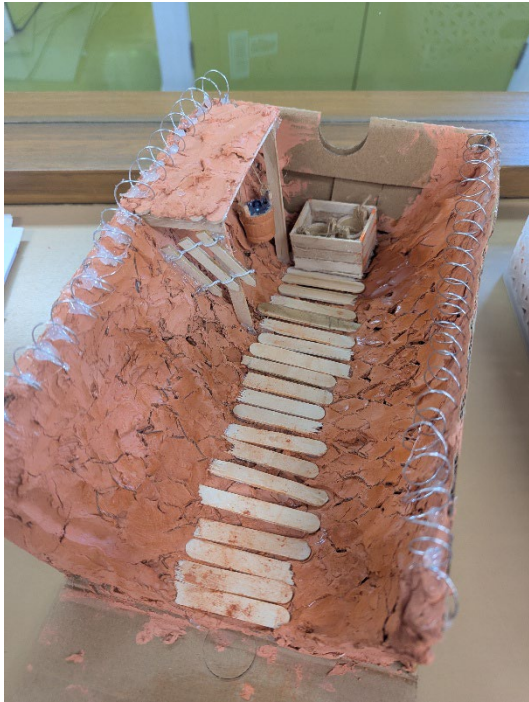
Games!



By Matilda  
15<sup>th</sup> of December

## Grade 5/6 Classroom Update

It is an exciting time in the 5/6 classroom with Graduation looming large. As the Grade 5's have been busy preparing their leadership speeches, the Grade 6's have been reflecting on their Primary School experience and creating speeches for Graduation about their time at MMPS.



The final Inquiry unit is nearing its end, and several outstanding projects have already been submitted this week. Students have been researching a significant historical event where countries have interacted with each other.



The class completed their final spelling test on Monday—sparking plenty of celebration and a huge sense of relief!

It's been a wonderful year full of highlights, with favourites like Kids Rule the School and the Hanging Rock excursion keeping everyone energised, enthusiastic, and focused right to the end.





**LOCAL PRIZES**  
\$20 book vouchers

**PRIZES**

Five \$50 Vouchers up for grabs!  
Choose from book, EB Games or Smiggle vouchers.

Return your Reading Record and score some awesome merch!

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Library: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_



**BIG SUMMER READ**

**READING RECORD**

**Join. Borrow. Read. Win!**

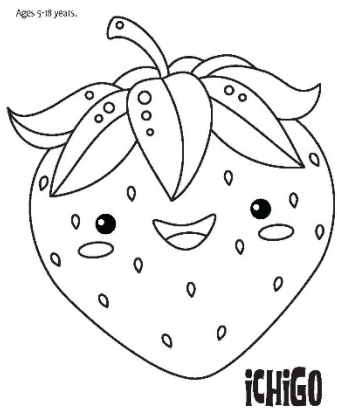
1 December 2025 - 31 January 2026

Public Libraries Victoria

Southcoast Libraries

**ICHIGO REMIX CHALLENGE**

Give Ichigo a wild new look! Use vibrant colours, crazy patterns, or unexpected designs to create a strawberry that's totally one-of-a-kind. Go in the draw to win a set of Posca Paint Pens. Ages 5-18 years.



**HEY BIG SUMMER READER!**

If you are aged 0-18 years you can join the **BIG Summer Read!** Record your 5 days of reading, or the titles of 5 books you've read below. Be sure to return your Reading Record to your local library by Saturday 31 January to grab some awesome merch (stap, charm, vinyl sticker or temporary tattoo) and go in the draw to **WIN great prizes!**

Books may also be recorded online at: [readbooks.com.au/2025](http://readbooks.com.au/2025) (If you are under 13 an adult will need to do this for you)

**READING RECORD**

BOOK 1 / DAY 1
BOOK 2 / DAY 2
BOOK 3 / DAY 3
BOOK 4 / DAY 4
BOOK 5 / DAY 5

**BOOK MATCH CHALLENGE**

Complete the Library scavenger hunt! Can you match each BIG Summer Read author ambassador to their book? Explore new stories, complete the challenge, and grab a little reward at the finish line. All ages.

**2025 VIP SALE**

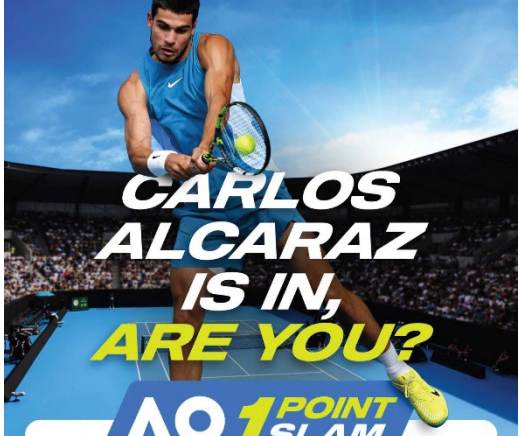
**SATURDAY 6<sup>TH</sup> DEC TO SATURDAY 13<sup>TH</sup> DEC**

**20% OFF\***  
IN-STORE ONLY\*

**Beleza Gisborne**  
42C Aitken Street, Gisborne VIC 3437

**Trading Hours**  
Mon to Fri : 10:00am - 5:00pm  
Sat: 10:00am - 1:00pm

\*CONDITIONS APPLY  
Cannot be used in conjunction with any other offer, voucher, or discount.  
Discount available on full priced Beleza branded items only



**CARLOS ALCARAZ IS IN, ARE YOU?**

**AO 1 POINT SLAM**


TOURNAMENT NAME: **MACEDON TENNIS CLUB AO 1 POINT SLAM**

LOCATION: **MACEDON TENNIS CLUB, 37 WATERFALLS RD, MACEDON**

DATE: **18/12/2025** TIME: **6:00 PM**

ENTRY DEADLINE: **15/12/2025**

**SCAN THE QR CODE TO REGISTER**



Back to School  
with



Kyneton  
Shoes

Every child is expertly and personally fitted  
with top quality brands.

Monday - Friday 9am-5pm  
Saturday 9am-2pm





ROC



HARRISON



Grosby



Surefit



Wilde



Clarks

23 High Street, Kyneton  
03 5422 2090

COME AND TRY  
SESSIONS



SUNDAYS  
9 | 16 | 23 NOVEMBER  
JUNIORS 10-11 AM  
SENIORS 11 AM-12 PM



TUESDAYS  
11 | 18 | 25 NOVEMBER  
MINIROOS 6-7 PM



@ ROMSEY OVAL 2



JOIN  
US



CHRISTMAS  
WORKSHOPS

CHRISTMAS WREATH  
WORKSHOP



Everyone is invited to this fun  
workshop to make your very own  
festive masterpiece (adults & kids)

Saturday 29 November  
1pm - 2.30pm

KIDS CRAFT:  
TABLETOP XMAS TREES



School-aged children from Prep to  
Grade 6 are invited to get creative  
and make a personalised tabletop  
Christmas tree!

Monday 1 December  
4pm - 5.30pm

KIDS COOKING:  
CHRISTMAS TREATS



School-aged children from Prep to  
Grade 6 are invited to some festive  
fun in the kitchen - making and  
decorating Christmas goodies!

Thursday 11 December  
4pm - 5.30pm

KIDS YOGA:  
THE GIFT OF CREATING



School-aged children in Prep to  
Grade 6 are invited to celebrate  
the end of Term 4, unwind with  
some yoga, and enjoy some time  
to get creative.

Monday 22 December  
10am - 12noon OR 2pm - 4pm

47 Forest Street, Woodend

woodendnh.org.au

reception@woodendnh.org.au

5427 1845



MACEDON & MT MACEDON  
COMMUNITY CAROLS

Best Christmas  
Outfit Prizes



Carols by  
Candlelight  
Wed 17<sup>th</sup> Dec  
5.30pm

Hosted by "Our"  
Shane Jacobson

FREE EVENT @ TONY CLARKE

BYO picnic  
Santa and the CFA  
Food stalls including the SES BBQ



Follow Us



Santa  
will be  
there!

Sing along to Carols by  
local schools and artists

Sponsored by

Community Bank  
Gisborne & District



Bendigo Bank



Mount Macedon Realty



MACEDON RANGES  
PRODUCT

WOODEND  
winter  
arts  
FESTIVAL

Woodend Winter Arts Festival Presents  
**CHRISTMAS  
CAROLS**  
3.00pm Saturday 13th December 2025  
St Ambrose Church, Woodend

Join us for a family friendly afternoon of Christmas Carols, as outstanding chamber choir Ensemble Gombert, directed by John O'Donnell, bring the Christmas cheer to Woodend once again.

Imagine being in Kings College Cambridge listening to Christmas carols of many times and places, from the Medieval era to the present day, with much loved melodies from Europe, the Americas and Australia. The program will feature some well-known carols, including many family favourites, along with some lesser-known pieces.

Listen to them in the glorious acoustics of St Ambrose Church. Don't miss what is guaranteed to be an enjoyable and uplifting performance by Australia's premier a cappella choral ensemble. Tickets are on sale now!



For tickets and more information visit  
[woodendwinterartsfestival.org.au](http://woodendwinterartsfestival.org.au)  
We encourage you to book online to avoid disappointment.





# Wominjeka- Welcome

## WURUNDJERI WOI WURRUNG CULTURAL HERITAGE ABORIGINAL CORPORATION

8<sup>th</sup> March – International Women's Day

17-23<sup>rd</sup> March – Neurodiversity Celebration Week

17<sup>th</sup> – 23<sup>rd</sup> March – Harmony Week

April – Autism Acceptance Month

20<sup>th</sup> May – International Day of Happiness

MAY – Australians Biggest Morning Tea

12-17<sup>th</sup> May – Mental Health Awareness Week

17<sup>th</sup> May – IDAHOBIT

11-15<sup>th</sup> August – Bullying No Way, National Week of Action

30<sup>th</sup> August – Wear it purple day

31<sup>st</sup> August – Daffodil Day

10<sup>th</sup> September – World Suicide Prevention Day

12<sup>th</sup> September – R U OK? Day

October – Mental Health Awareness Month

10<sup>th</sup> October – World Mental Health Day

14<sup>th</sup> November – World Diabetes Day

3<sup>rd</sup> December – International Day of People with a Disability



### Key Aboriginal & Torres Strait Islander Dates

20<sup>th</sup> March – National Close the Gap Day

26<sup>th</sup> May – National Sorry Day

27<sup>th</sup> May – Anniversary of the 1967 Referendum

27<sup>th</sup> May – 3<sup>rd</sup> June – Reconciliation Week

3<sup>rd</sup> June – Mabo Day

July 6<sup>th</sup> – 13<sup>th</sup> – NAIDOC Week

4<sup>th</sup> August – National Aboriginal & Torres Strait Islander Children's Day

9<sup>th</sup> August – International Day of the World's Indigenous Peoples

3<sup>rd</sup> September (First Wednesday) – Indigenous Literacy Day



## Acknowledgement of Country

*written by 2024 student leaders Lenny, Ava, Cienna & Henry*

Wominjeka, Welcome.

At Mount Macedon Primary School, we would like to acknowledge the Wurundjeri people of the Kulin Nation, the traditional custodians of the land, where our school stands. The Wurundjeri people believe Bunjil the eagle, created the people, the animals, the land and the waterways. We are grateful that they cared for this land, and we commit to continuing its care and to learn and grow here with our kir-rip, friends. We pay our respect to Elders, past and present, and acknowledge their ongoing connection to biik, Country.

Nagujin, thank you.



CLOSING THE KNOWLEDGE GAP  
ABOUT FIRST NATIONS HISTORY AND  
CULTURE STARTS AT SCHOOL

