

WELCOME TO THE MOUNT MACEDON PRIMARY SCHOOL NEWSLETTER

Issue 21 Tuesday 22nd July 2025

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To be advised

Father's Day

Friday 5th September

Important Term Dates

July

22nd FOS Meeting 7pm

25th High Ability Program begins (selected students)

August

1st Principals Day & celebrating 100 days of school

4th MRSC Waste Education Session 1

6th District Basketball (selected students)

11th MRSC Waste Education Session 2

12th District Athletics

15th Meerkat Performance

29th JSC Fundraiser

September

3rd District Cricket

5th FOS Father's Day Breakfast

6TH – 12TH TBC Year 3 Boomerang Ranch Camp

11th Production Full Rehearsal

18th District Hot Shots Tennis

15 – 19 Production

19th LAST DAY OF TERM – 2.30 finish

Term 4

October

9th – 10th Year 3 Boomerang Ranch Camp

13 – 17th Whole School Swimming Program

31st World Teachers Day

November

3rd – PUPIL FREE DAY

4th – Melbourne Cup Day Public Holiday

17th – 21st TBC Year 4, 5 & 6 Cottage by the Sea Camp

Hello everyone and welcome back!

I hope that you all got a chance to rest and recharge after a busy term two and are ready to get stuck into a short but full term three!

Holiday and Future Groundworks: Over the holidays we had a large gum tree removed at the back of the school. While I always hate losing trees, especially large ones such as this one it had become clear that it had been infested with timber eating bugs that had increased its risk of being unstable.

We also had new mud kitchens installed down the back near the larger sandpit. These were built and donated by the Whelan family!

Our School Council Buildings and Grounds team met yesterday with contractors to explore utilising the remaining funding we received from the Department of Veteran's Affairs for our new flagpoles. The idea is to tidy up the front of the school with a stone path and a larger stone circle where the existing 'grade 6 rocks' are. We have contacted and met with our local Landcare group to get advice on plantings that would work in that area. Watch this space!

Playground Update: As you may have seen the playground equipment has been installed and work has begun on the landscaping around it. While it does look tall at the moment, there will be 'soft fall' and 'rubber rock' placed beneath the tallest parts of the structure. We will be familiarising students with the new playground when it is finished as well as discussing important safety measures around using a new playground for the first time. Each class will have dedicated time to use the new equipment for the first time. The students are all very excited and exercising an enormous amount of patience in waiting for the temporary fencing to come down. At this stage we are looking at another two to three weeks before it can be assessed and given the go ahead for our students (and teachers) to start enjoying it.

Production Term: Term three is my absolute favourite term for one reason: Production! We have auditions starting tomorrow with our grade 6s and our 5s will be next week. It is always so wonderful seeing all of our students so interested in the Production, even if it isn't something they would normally be. This year's Production is T.R.A.S.H. and Co. and will be held in the last week of Term, Monday 15th -Thursday the 18th of September.

Staffing: We have Helen Burgess on leave this term, we have Sarah McPherson taking over our Tutor Learning Initiative role while Helen is away. Welcome back Sarah!

I was so excited to get back to see everyone this week and I cannot wait to get stuck into term three! It's going to be a very exciting term!

Thanks, Joe.





Inquiry



This term for inquiry the grade 4/5 class are learning about historical and traditional art. And contemporary artistic works. We will be looking at how historical and traditional artwork influences modern day artists. For example in modern day art they are using dots, shapes and symbols in to every day art, like how Pacaso did shapes and indigenos people did dots and symbols.

By Matilda and Valentina



Grade 1 Classroom Update:

After a well deserved rest we have gotten right back into the swing of things at the start of Term 3.

We have been looking at rhyming words, reading lots of picture story books that use rhyme, and have had a go at writing fun sentences of our own.

In maths we have started looking at multiplication and division, using counters and arrays to help us visualise equations. We are also getting excited about production, and our inquiry unit that looks at different types of art forms.



Celebrating Principals Day 2025 – Friday 1 August

On Friday 1 August 2025, we celebrate Principals Day — a moment to acknowledge the dedication, leadership and impact of school principals across Victoria.

Principals support their school communities, uplift staff and students, and inspire learning every day. This Principals Day, we encourage you to take a moment to say thank you.

Let's make Friday 1 August a meaningful and memorable day for the principals who make a difference every day.

ATTN - GRADE 6 FAMILIES

Macedon Ranges Shire Council and Macedon Ranges Health have launched a Grade 6 Mental Health and Wellbeing survey for students and their parents. This survey is voluntary, completely anonymous and takes about 5 minutes to complete.

We know grade 6 can be a crucial time of adjustment, with students preparing to transition to high school. The aim of this survey is to better understand the current health and wellbeing-related needs for grade 6 students and their families, and the information will be used to inform future health and wellbeing initiatives and effective early education and prevention strategies for grade 6 students and parents across the Macedon Ranges Shire.

This survey is open until Friday 1st August, and we encourage all parents and caregivers to participate and support their children to participate also.

Thank you for contributing to the health and wellbeing of our Macedon Ranges young people!

<https://yoursay.mrsc.vic.gov.au/grade-6-survey>

PRINCIPALS' DAY 2025



FRIDAY 1 AUGUST

CELEBRATING LEADERSHIP IN
GOVERNMENT PRIMARY SCHOOLS

#PRINCIPALSDAY2025
WWW.VPA.ORG.AU

Recognising the hard work and commitment of
principals leading our schools and shaping young lives.



VICTORIAN
PRINCIPALS
ASSOCIATION



Department
of Education

CONNECTED UNITED EMPOWERED



Resilience and mental health

Resilience is the ability to bounce back after an adverse event and is a protective factor for children and young people's mental health and wellbeing.

What's resilience?

Resilience refers to the ability to manage everyday stressors and challenges.

Resilience enables people to shift back along the mental health continuum towards good mental health.

A child or young person's ability to be resilient can depend upon many things and can change depending upon their situation. Importantly, specific situations or events that one child or young person may find challenging, another may not. Learn more about how you can help [build resilience](#) in children and young people.

A child or young person who is resilient might:

- be optimistic
- use positive self-talk for encouragement
- have a positive sense of self
- identify and express their feelings and thoughts
- not hide away from strong feelings

- have helpful, age-appropriate strategies to manage their emotions when upset
- rearrange their plans to work around an unexpected situation
- have a strong sense of agency or responsibility
- keep on trying if something doesn't work out and use their judgment about when to stop
- hold a sense of purpose or hope
- actively ask for help if they need it
- feel a sense of attachment to family, their learning community and to learning.

Why is resilience important?

Resilience is associated with better outcomes

Resilience has been associated with better academic performance and behaviour and, longer-term, is associated with greater life opportunities (including employment and satisfying relationships).

Children and young people with greater levels of resilience are better able to manage stress.

When children and young people learn to navigate these stressors, it supports their mental health and wellbeing now and into the future.

Ups and downs can range from everyday challenges like conflict with friends or falling off a bike. They can be emotional experiences such as loss, rejection, disappointment or humiliation.

Some children and young people face serious challenges like disability, learning difficulties, family separation, family illness or death, or bullying.

Feeling optimistic and hopeful are key to mental health and wellbeing

Children and young people's resilience is enhanced when they:

- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
- have a sense of humour
- make goals and plans, both short and longer-term.

Be You Professional Learning

Learn more about how to incorporate practices that can enhance children and young people's resilience into your teaching practice in the [Learning Resilience](#) domain.

References

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<https://www.education.vic.gov.au/Documents/about/departments/resilience/itreview.pdf>

Council of Australian Governments (COAG). (2009). *Investing in the early years: A national early childhood development strategy*. Canberra: Commonwealth of Australia. https://www.startingblocks.gov.au/media/1104/national_ecd_strategy.pdf

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Ginsburg, K. R. (2007). The importance of play in promoting healthy child development and maintaining strong parent-child bonds. *Pediatrics*, 119(1), 182-191.

Werner, E. E. (1995). Resilience in development. *Current Directions in Psychological Science*, 4(3):81-85.

External links

Australia Institute of Family Studies – [Is resilience still a useful concept when working with children and young people?](#)

Beyond Blue – [Building resilience in children aged 0-12: A practice guide](#)

Collaborative for Academic, Social and Emotional Learning (CASEL)

For more information visit
beyou.edu.au



With delivery partners



Funded by



THE

Friendship Reset

WEBINAR

THE FRIENDSHIP RESET

One of the most critical decisions we make in our lives (especially at school) is **who we choose to hang around**. Finding and nurturing authentic, quality friendships is one of the biggest factors in having a happy life (and a happy school experience!).

In this 40 minute webinar we will help tweens and teens reflect on the quality of the friendships in their lives. From learning how to find friends and strengthen those bonds to noticing the red flags and green flags in friendship this webinar is designed to help kids get clear on what a good friendship looks and feels like. We will cover:

- Finding friends and the importance of positive connections
- Noticing the signs: Red flags and green flags in friendship
- Navigating conflict and drama
- The importance of personal boundaries

This talk is suitable for kids aged 8-18. All participants will receive a recording of the webinar — so even if you can't watch live you'll be sent the recording.

Term Three Production – *Trash & Co*

School productions are a long-standing tradition at Mount Macedon Primary School, and this year's show, *Trash & Co*, promises to be another fun and memorable event for our students and wider school community.

Performances will take place in the final week of Term Three on the following dates:

- Monday 15th September at 7:00pm
- Tuesday 16th September at 4:00pm (matinee)
- Wednesday 17th September at 7:00pm
- Thursday 18th September at 7:00pm

A full cast rehearsal will be held on Thursday 11th September (Week 8) from 11:30am to 1:00pm.

Auditions will commence in Week 1 of Term Three, with roles assigned and rehearsals for songs and dances beginning shortly thereafter.

If your child will be absent for the performances or away for an extended period during the term, we kindly ask that you inform the school as soon as possible to assist with our planning.



Picture Yr 6 Students 2018

Sacred Heart College Kyneton

Free Online Parent Session

PARENT INFORMATION SESSION

JOIN THE CYBER SAFETY PROJECT FOR EXPERT ADVICE

Navigating the Digital Playground

CYBERBULLYING

SCREEN TIME

PRIVACY SETTINGS

AI & MISINFORMATION

SOCIAL MEDIA

GAMING

LIVE ONLINE SESSION

WHY ATTEND?

You Are Your Child's First Line of Defence Online.

In today's connected world, parents play a powerful role in shaping safe and healthy digital habits. This practical session is designed especially for busy parents who want to:

✓ Feel confident navigating their child's online world

✓ Create a safer, more balanced digital environment at home

✓ Support digital wellbeing and encourage responsible tech use

✓ Know what to do (and where to turn) when things go wrong online

WHEN & WHERE

LIVE ONLINE

7pm - 8pm

Tuesday 5th August 2025

SCAN TO REGISTER or visit: <https://bit.ly/sacredheartcollege>

or Google Sacred Heart College Parent Engagement for the booking link

PRESENTED BY

CYBER SAFETY PROJECT

Cyber Safety Project, Australia's premier online safety education provider.

cybersafetyproject.com

eSafety

Provider

Partners

Parent Engagement Partnership

A Ministry of Mercy Education Limited - ABN 69 154 531 870

WOODEND NEIGHBOURHOOD HOUSE

ART CLUB

Tuesdays or Wednesdays

3.45pm - 5pm

Prep - Grade 4

Art Club for Kids is a fun and inspiring class where kids explore a range of themes, mediums, and techniques.

Prep - Grade 6

Creative Yoga is a welcoming class where you connect as a group, flow with your breath, and move your body with ease.

2 - 5 Years

Bendy Buddies Yoga is a joyful and playful yoga adventure designed especially for preschool kids.

WEDNESDAYS

4pm - 5pm

Scan to find out more!

For More Information 5427 1845

Visit Our Website www.woodendnh.org.au

Term 3 In School & In Hub!

RANGES music network

CREATIVE RANGES FOUNDATION

rangesmusic.net

#BigSing & #BigBam Break time ensembles

Just \$36 a term or \$56 for both!

Launchpad combining Individual Ensemble learning from \$347 a term!

Creative Hub Woodend

OPENING SOON! 42 Urquhart St

Become a Member!

Music, Visual Arts & Literary Arts

+ Coding, Game Design & Making

Lessons, ensembles & workshops

Rehearsal, podcast & project studios

Industry tools & Makerspace

Creative Arts Community!

Music Therapy Mondays

with Kathryn Lachlan, BMus MNT

University of Melbourne, Arts, Performance, Music, Therapist

TERM 3

Make, Play & Create!

CALENDAR

HUB ACTIVITIES

PERSONAL PROGRAMS

NEW Break Ensembles!

JUST \$36 / Term or \$56 for BOTH!

part of the Creative Ranges Foundation's commitment to getting as many young musicians singing & playing as possible in the Macedon Ranges!

Visit rangesmusic.net to get started.

#BIGSING!

#BIGBAM!

Visit us at creativeranges.org to see the full Creative Hub calendar!

GET IN TOUCH

email: info@rangesmusic.net

text: 044 992 2425

Wominjeka- Welcome

WURUNDJERI WOI WURRUNG CULTURAL HERITAGE ABORIGINAL CORPORATION

8th March – International Women's Day

17-23rd March – Neurodiversity Celebration Week

17th – 23rd March – Harmony Week

April – Autism Acceptance Month

20th May – International Day of Happiness

MAY – Australians Biggest Morning Tea

12-17th May – Mental Health Awareness Week

17th May – IDAHOBIT

11-15th August – Bullying No Way, National Week of Action

30th August – Wear it purple day

31st August – Daffodil Day

10th September – World Suicide Prevention Day

12th September – R U OK? Day

October – Mental Health Awareness Month

10th October – World Mental Health Day

14th November – World Diabetes Day

3rd December – International Day of People with a Disability



Key Aboriginal & Torres Strait Islander Dates

20th March – National Close the Gap Day

26th May – National Sorry Day

27th May – Anniversary of the 1967 Referendum

27th May – 3rd June – Reconciliation Week

3rd June – Mabo Day

July 6th – 13th – NAIDOC Week

4th August – National Aboriginal & Torres Strait Islander Children's Day

9th August – International Day of the World's Indigenous Peoples

3rd September (First Wednesday) – Indigenous Literacy Day



Acknowledgement of Country

written by 2024 student leaders Lenny, Ava, Cienna & Henry



Wominjeka, Welcome.

At Mount Macedon Primary School, we would like to acknowledge the Wurundjeri people of the Kulin Nation, the traditional custodians of the land, where our school stands. The Wurundjeri people believe Bunjil the eagle, created the people, the animals, the land and the waterways. We are grateful that they cared for this land, and we commit to continuing its care and to learn and grow here with our kir-rip, friends. We pay our respect to Elders, past and present, and acknowledge their ongoing connection to biik, Country.

Nagujin, thank you.

